

INSPIRATIONAL THOUGHT—10-10-2024—Duff Gorle

David says in **Psalm 103**, “*God fills my life with good things so I stay young and strong.*”

Psalm 90:17 (NIV) says: “*May the favor of the LORD our God rest on us; establish the work of our hands for us—yes, establish the work of our hands.*”

What should we focus on in our life today? What if we went into our days looking for and being aware of all the evidence of God’s *goodness, grace, mercy and kindness*?

THE MACRO--Current events in this world indicate the human willingness to create chaos and violence in the pursuit of power and wealth. Some of the realities about which we have great concern are outside of our personal boundary-line. The Serenity Prayer reminds us to ask God to help us to change the things we can, and to accept that we can’t change many things and we can entrust all of that into God’s hands.

THE MICRO--We need to focus on *God’s goodness and grace in our lives*. Some of the older saints I’ve met over the years have shared with me the importance of being able to trust God, to let things go, to not worry or be anxious, and to laugh a lot! This world is filled with troubles, people hurt one another, we all make mistakes. Life happens. But we also live in God’s world!

GOOD NEWS--The good news is that we don’t have to hold on to disappointment and pain, or worry about our health, finances, or the decisions of our children. We don’t need to live with all the regrets of our past or fears for the future. God is on the throne, and God is much bigger than any of the problems in this world or in our lives!

We can trust that God is good, loving, kind, merciful, gracious and is supplying all of our needs in Christ. Through exercising *trust* in God we can release anger, discouragement, and fear to make room in our lives for God’s love, joy, peace, healing, beauty, contentment and a holy sense of purpose.

God, being gracious and loving, takes good care of each of us, his children. What if we lived our days observing and celebrating all the evidence of God’s grace and goodness? We can pray for eyes to see--as the Gospel song says: “*I see the evidence of your goodness, all over my life!*”

With Love,

Pastor Duff